

The luggage of life ;“The burden of shame”

Psalm 23:5 You prepare a table before me in the presence of my enemies. You anoint my head with oil

What luggage did we pick up this morning?
This verse reminds me of the **luggage of shame**.

- 1.The burden of shame: *You prepare a table before me in the presence of my enemies.*
- 2.The burden of disappointment ; *You anoint my head with oil.*

1.The burden of shame: *You prepare a table before me in the presence of my*
Peter! At the time of Jesus’ trial, he was covered in shame.

Denial was one thing, but to do it three times, was horrific. In addition, he cursed and! What a baggage of shame!

- So, he went fishing.
- We go back to our old lives. We do what comes naturally, rather than what comes spiritually.
- What did Jesus do? He prepared a meal.
- Jesus prepared a table in the presence of his enemies!

What Jesus did for Peter, the shepherd in the Psalm did for his flock.

- He has prepared a safe place of nourishment
- *He prepares a table before me in the presence of my enemies!*

2. The burden of disappointment. *You anoint my head with oil.*

- Life is full of appointments. A **disappointment** is a missed **appointment**.
- Help is **here!**
- The shepherds used oil on their sheep to **repel insects**, to **prevent conflicts** and to **heal wounds**.

Our wounds are of the **heart**. They come from disappointments. Aging, loss and illness.

Betrayal and injustice.

- **John 10:11 I am the good shepherd. The good shepherd gives his life for the sheep.** Jesus protected his disciples against disappointments. He did not only prevent wounds, he healed them.
- Jesus tends his sheep, and he will also tend you!
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David would trust his wounds to no other person but **God**. Others may guide us **to** God, but no one does the work **of** God. Ps 147:3 *God heals the broken-hearted*

3. The Challenge.

Have you taken your disappointments to God?

1 Peter 5:7 *Cast all your anxiety on him because he cares for you.*

- In order to be anointed the sheep must stand still and lower its head. **1Peter 5: 6** *Be humble under God's powerful hand so he will lift you up when the right time comes.*
- We do **not** make **demands**. We make **requests**. We come with **high** hopes, but with a **humble** heart.
- We state what we want, but we pray for what is **right**. **We accept, for God knows what is right.** **Luke 18:7** *God will always give what is right to his people who cry to him night and day, and he will not be slow to answer them.*
- The sheep does not understand how the oil heals the wounds.

All the sheep knows it that it happens

- And that's all we need to know as well! **Ps 25:1-2** *Lord I give myself to you; my God, I trust you.*
- **Go, bow and trust!**